



SET THEME: **I Have Feelings**

## Build Social and Emotional Intelligence

Guide children to deal with jealousy in the following ways:

- Help children express their feelings, such as **I feel jealous because** \_\_\_\_\_.
- Acknowledge children's feelings of jealousy. For example, say, "It must be hard for you when someone else has a toy that you want."
- Mediate jealousy among friends.
- Give words of reassurance and encouragement to the child who feels jealous.

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## How to Read This Book with Children

1. Read aloud the title. Discuss what it means to feel jealous.
2. Read aloud the book with children.
3. Talk about the characters' actions as you read.
4. Ask children to describe how characters feel and explain how they can tell.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



Emma

# Jealous of Josie



by Barbara M. Linde • illustrated by Helen Poole

“This is Josie,” Miss Laurie said.  
“She is joining our class.”



“Hi, Josie!” we all said.



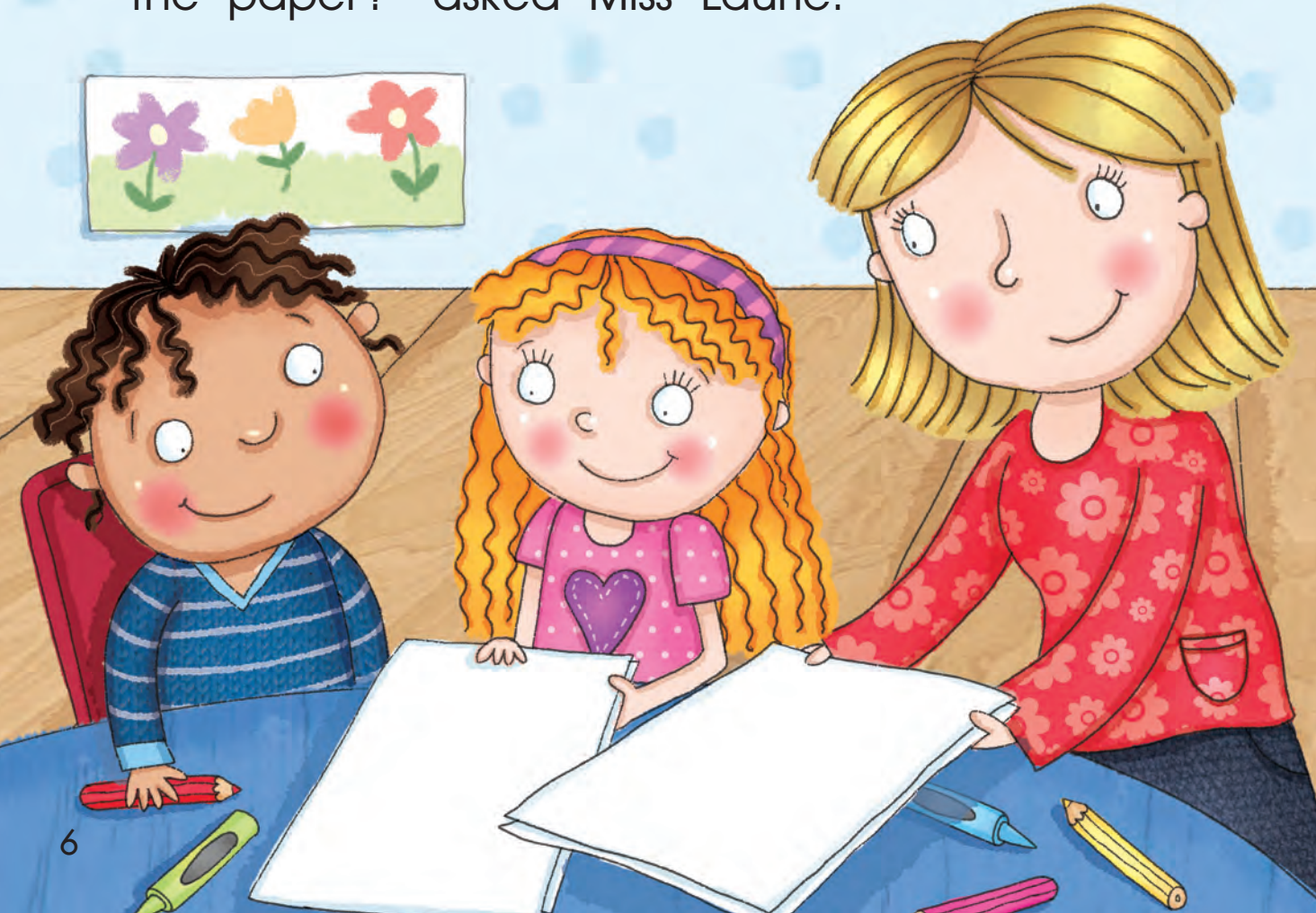
“Josie, would you like to be the line leader?”  
asked Miss Laurie.



“I wanted to be the line leader,” I whispered.



“Josie, can you help me pass out the paper?” asked Miss Laurie.



“It’s *my* turn to be helper today,”  
I said to Olivia.





“Which puzzle do you want?” asked Miss Laurie.

“I like the one with the dogs,” said Josie.



“That’s the one *I* was going to do!” I said.



“Emma, you’ve done this puzzle many times,”  
said Miss Laurie. “Let Josie do it today.”



“Fine,” I said. “Who cares?”



“I think you’re feeling a little jealous of Josie,”  
Miss Laurie said.



“But Josie gets to do everything,” I said.



“It’s her first day,” said Miss Laurie.

“Can you be in charge of showing her around the playground?”



“Hey, Josie,” I said. “Do you want to play?”





At recess, Josie and I  
did everything—together.



## Real-World Wrap-Up

**My Thoughts:**

**What is happening in this picture?**



**My Feelings:**

**When have you felt jealous?**