

True Friends Rule!

Kids who have solid friendships feel better about themselves and are happier than kids who don't. That's because friends offer help and support. Friends are good to talk to, and they're fun to be around.

When somebody else likes you, it's easier for YOU to like you, and the world becomes a nicer place to be in. If you don't know what on earth we're talking about, read this page again, but slowly this time.



Are Your Friendships the Real Deal?

Real friends like the real you. You don't have to impress them or be phony around them. That's the great thing about friends.

Real friends accept you as you are. They're there for you when you're upset or have a problem. They keep your secrets and know what makes you laugh. Best of all, they care about you, and you care about them.

